



## Bell Road Branch of the YMCA of Greater Montgomery Gymnasium Schedule / March 1 - June 1, 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday
4:30 AM								
5:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM			
5:30 AM								
6:00 AM								
6:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM			
7:00 AM						7:00 AM		
7:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	7:30 AM	OPEN GYM	
8:00 AM						8:00 AM		
8:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	8:30 AM	OPEN GYM	
9:00 AM						9:00 AM		
9:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	9:30 AM	OPEN GYM	
10:00 AM						10:00 AM		
10:03 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	10:03 AM	OPEN GYM	
11:00 AM						11:00 AM		
11:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	11:30 AM	OPEN GYM	
Noon						Noon		
12:30 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	12:30 PM	OPEN GYM	
1:00 PM						1:00 PM		
1:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	1:30 AM	OPEN GYM	OPEN GYM
2:00 PM	Home		Home		Home	2:00 PM		
2:30 AM	School PE	OPEN GYM	School PE	OPEN GYM	School PE	2:30 AM	OPEN GYM	OPEN GYM
3:00 PM						3:00 PM		
3:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	3:30 AM	OPEN GYM	OPEN GYM
4:00 PM						4:00 PM		
4:30 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	4:30 AM	OPEN GYM	OPEN GYM
5:00 PM						4:45 PM	Closed	Closed
5:30 AM								
6:00 PM	Pick-up BB	Volleyball	Pick-up BB	Volleyball	Pick-up BB			
6:30 AM	Court A	Court A	Court A and	Court A	Court A			
7:00 PM	and	Pick-up BB	Court A and	Pick-up BB	and			
7:30 AM	Court B	Court B	Court B	Court B	Court B			
8:00 PM								
8:30 AM								
8:45 PM	Closed	Closed	Closed	Closed	Closed			

### GYM RULES

- \* No Dunking
- \* No Inappropriate Language, No Fighting, etc.
- \* No Outside Food or Drinks
- \* No Outside Balls (YMCA provided balls only)
- \* Athletic Shoes ONLY on Court, No Bare Feet
- \* Shorts/Pants must cover your underwear at ALL TIMES
- \* Gym Use is For MEMBERS ONLY
- \* Appropriate Dress Required at All TIMES
- \* Rule violation can result in Membership Termination

**Please Note: Schedule Subject to Change Without Notice**