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FOR IMMEDIATE RELEASE

YMCA of Greater Montgomery Announces Acquisition of Jackson Wellness Center

Montgomery, AL — The YMCA of Greater Montgomery is proud to announce the acquisition of the Jackson Wellness Center, which will now be known as the *YMCA at Peppertree*. This new addition to the YMCA family reflects the organization's ongoing commitment to enhancing community health, wellness, and engagement throughout the River Region.

The YMCA of Greater Montgomery, established in 1868, has a long-standing reputation as a leader in health and wellness, youth development, and social responsibility. With over 155 years of service to the community, the YMCA continues to prioritize creating spaces where individuals and families can thrive physically, emotionally, and socially.

"We are thrilled to welcome the members and staff of the Jackson Wellness Center into the YMCA family," said President and CEO of YMCA of Greater Montgomery AJ Hernandez. "This partnership allows us to expand our mission of strengthening the community by providing even more opportunities for health and wellness."

Exciting Features of The Y at Peppertree

The Y at Peppertree will be an **adult-only facility**, offering a serene and focused environment for members to achieve their health goals. The facility includes:

- A fitness center with cardio and strength training equipment.
- Group fitness classes, including yoga, cycling, and strength training.

- Saunas in the men's and women's locker rooms.
- Upstairs indoor walking track with multiple windows for outdoor views.
- Wellness services like personal training and nutrition counseling.
- Enhanced amenities such as towel service, massage chairs, and plans for upgraded equipment, including Peloton bikes.

These amenities add to the already robust offerings available through the YMCA's network of locations across the River Region, all of which will now be accessible to Peppertree members.

Membership Transition Details

Beginning December 18, 2024, Jackson Wellness Center members will officially transition to YMCA memberships. The YMCA's membership structure offers competitive rates while providing access to a wide range of programs and amenities, including other YMCA locations across the region and nationwide. Third-party insurance payers such as Silver and Fit, BCBS Flex Card, Active and Fit, and Renew Active are accepted at all YMCA of Greater Montgomery locations.

Membership Rates: Please visit ymcamontgomery.org/join, and select Peppertree from the dropdown box.

For the first 60 days of operation, The Y at Peppertree will maintain the same hours of operation and services as the Jackson Wellness Center. Following this period, any adjustments to hours or programming will be minimal and focused on ensuring the best possible experience for members.

About the YMCA of Greater Montgomery

Since 1868, the YMCA of Greater Montgomery has been a cornerstone of the community, serving individuals and families through programs and services that promote health, wellness, education, and social responsibility. From state-of-the-art fitness facilities to youth development programs and volunteer opportunities, the YMCA is committed to strengthening the foundations of the community it serves.